



# Planning entrainement Vacances Noel

Episode 1



	9h – 10h30	10h40 – 12h10	13h30 – 15h	15h10-17h	17h10-19h
Lundi 21	-11 Mixte	-15 F - 18 F	EHB	-18 G	-15 G
Mardi 22	-11 Mixte	-18 G	- 13 G	-11F -13 F	-15 F - 18 F
Mercredi 23	-11F -13 F	-15 G	- 13 G	-18 G	-15 F - 18 F